

Having worked as an optometrist for almost 20 years, Safeera has always connected with her patients beyond their physical health concerns. With a wealth of life experience combined with her coaching training, Safeera is passionate about empowering women to develop and nurture their most important relationship, the relationship they have with themselves and ultimately with their Creator.

Using struggles and difficulties as a springboard she gently but firmly guides clients through a powerful process to rediscover themselves and step forward into the life of their dreams. In addition to her certifications from The Ford Institute as a Breakthrough Shadow and Healing Your Heart coach, Safeera is also a Neuro Linguistic Programming Master Practitioner.

Compassionate and intuitive Safeera is committed to empowering her clients to shift from stress and struggle to living fulfilling and rewarding lives grounded in profound faith and trust in Allah.